

Marriage Brings Happiness!

Marriage By The Numbers, Part 02

The goal of marriage: begin and maintain a transparent, meaningful and satisfying relationship where there is acceptance, accountability & growth without shame.

Genesis 2:24-25 - *That is why a man leaves his father and mother and is united to his wife, and they become one flesh. 25 Adam and his wife were both naked, and they felt no shame.*

Married People Are Happy People

Feldhahn, Shaunti (2014-05-06). The Good News About Marriage

- Most people erroneously assume that most marriages aren't particularly happy, which is very demoralizing.
- In reality, around 80% of marriages are happy, with around 30% being very happy.
- Marriage may require hard work, but that doesn't mean that most marriages are hard.

Capitalizing On Marriage

- Have a clear vision for your marriage.

Proverbs 29:18 (KJV) - *Where there is no vision, the people perish...*

- Be willing to be broken and humble with each other.

Matthew 19:8 - *Jesus replied, "Moses permitted you to divorce your wives because your hearts were hard. But it was not this way from the beginning."*

Mark 14:3 - *While he was in Bethany, reclining at the table in the home of Simon the Leper, a woman came with an alabaster jar of very expensive perfume, made of pure nard. She broke the jar and poured the perfume on his head.*

Mark 14:33-34 - *He took Peter, James and John along with him, and he began to be deeply distressed and troubled. 34 "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."*

Mark 14:29 - *Peter declared, "Even if all fall away, I will not."*

- Communicate your love with the Love Language of your spouse.

Matthew 7:12 - *So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.*

- Words of affirmation

Proverbs 18:21 - *The tongue has the power of life and death, and those who love it will eat its fruit.*

- Quality time
- Receiving gifts

Matthew 7:11 - *If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!*

- Acts of service

Mark 9:35 - *Sitting down, Jesus called the Twelve and said, "Anyone who wants to be first must be the very last, and the servant of all."*

- Physical touch